

# Cosmetic Tattooing Consent & Release Agreement

## What are the differences in brow tattooing techniques?

**Microblading:** a semi-permanent technique to fill in sparse eyebrows in the most natural-looking way. It usually last between 1-3 years depending on the skin type, lifestyle, skin maintenance and more. The microblading procedure uses a hand-held sterile or disposable tool with very fine needles to create an individual hair-like stroke. The pigment(s) used are matched to your natural skin/hair colour for a more natural & realistic final result. *\*Best suited for individuals with normal to dry skin*

**Nano / Micropigmentation:** Nano brow is the newest version of permanent makeup methods which uses a rotary machine to deposit small amounts of pigment into the dermal layer of the skin. It is used to enhance facial features such as eyes, eyebrows & lips but can also be used for scar camouflaging. Like microblading, the hair strokes are created with an ultra-fine needle to create a natural hair-like stroke. The brows tend to better retain the pigment than with microblading due to the use of a rotary machine which allows for a longer-lasting result; typically 1-5 years. *\*Suitable for all skin types*

## How long does it last?

Micropigmentation doesn't deposit pigments as deeply into the skin as a traditional tattoo which causes it to naturally fade faster. Cosmetic tattooing can typically last 1-5 years depending on skin type and age of a client (youthful/mature), as well as the technique used (microblading vs permanent makeup). Your skincare routine can also affect the longevity of the pigment, for instance, if you tan or are regularly in the sun or if you use products with AHA or Glycolic Acid you can experience pre-mature fading. If you are iron deficient your body will absorb the iron-oxide within the pigment. If a lighter pigment is used it can also fade quicker. Certain types of medication that can affect your overall skin's healing process and metabolism can also contribute to poor pigment retention. Cold sores or scars on the lip area can cause pigment removal. Thick/uneven texture or excessively dry or oily skin can affect pigment absorption and quality of healing. Each individual's color retention will vary.

To maintain the "fresh looking" brows, a touch up is suggested every 9-18 months. Clients can let the area fade over time if they no longer feel that this service is for them; please note a slight shadow may remain and further interventions may be required should the client wish for it to disappear completely.

***I fully understand and accept the above information provided on how long the result lasts. (initial) \_\_\_\_\_***

**How long does it take to heal?**

Following the procedure, the eyebrow area will appear slightly red and darker in colour. This is normal for the procedure and part of the healing process. In the following days, the eyebrows will continue to appear dark and you will notice slight scabbing/flaking. Do not pick at the scabs as this may damage the skin and the outcome of the eyebrow area. The eyebrows will lighten up by 30% - 40% in color when the healing process is complete. No down time is required after the procedure although avoiding the application of makeup or products other than your technician's recommendations is highly suggested for the first 2 weeks.

It may take approximately 7-14 days for the brows to heal over, and about 1 month for the color to fully set in. You'll notice the color is very light after two weeks of healing; the skin will have an opaque/greyish looking quality to it. This is due to the tissue still healing from the inside out even though the surface of the skin is healed. True color will reveal itself once completely healed.

*I fully understand and accept the above information provided on how long it may take the treated area to heal. (initial) \_\_\_\_\_*

**Are touch up sessions necessary?**

Absolutely! A touch up is required 5-8 weeks post-procedure since everyone heals differently and outcome may vary. Certain areas may not have retained pigment during the first session and will need to be refilled. Pigment may need to be adjusted; brow thickness and more strokes can be added. Individuals with oily skin often require a deeper shade during the touch up session as the oils tend to lighten the pigment.

Most importantly, your touch up session is when your technician can/will refine your brows to ensure it looks perfect and retains the color. For some, a third session may be required. Follow-up appointments are recommended every 9-18 months depending on the type of retention or shape you're looking for.

*I fully understand and accept the above information provided on the recommendation for touch up sessions in order to maintain the results. (initial) \_\_\_\_\_*

**Who is not suitable for cosmetic micropigmentation services?**

Individuals who have any of the following apply to them:

- Current use of (or last 6 months) Accutane or other prescribed acne medication
- Heart conditions or use of heart medications (including aspirin or other blood-thinning medications)
- Diabetes (a physician's note will be required)
- Skin disease or irritations (seborrheic dermatitis, eczema, psoriasis, active acne on treatment area, etc.)
- Botox or dermal fillers injected in the last 2 weeks

- Received chemical peels in the last 2 weeks
- Recently tanned in tanning beds or direct sunlight in the last 2 weeks
- Allergies to lidocaine, prilocaine, benzocaine, tetracaine, and or epinephrine
- Pregnant or currently nursing (at your own discretion)
- Currently undergoing (or have in the last 6 months) chemotherapy
- Keloids or hypertrophic scarring on the neck/face
- Any blood disorder (hemophilia, sickle-cell anemia, platelet disorder, etc.)
- Allergies to makeup, colours or pigments
- Use of steroids or cortisone (a physician's note will be required)

*\*We reserve the right to refuse service to anyone who we deem not suitable for this procedure for any other reason. Our technicians make the decision to provide the service to an individual based on their own discretion as well.*

***I fully understand and accept the above information provided on who is not suitable for the procedure(s). I acknowledge that the technician can also refuse to provide the service(s) for their own professional reason(s) as well. I am not withholding any information on my overall health and lifestyle that could affect my eligibility for this procedure. (initial) \_\_\_\_\_***

**What are the risks and complications?**

Sophia Esthetic and its staff take all proper precautions to provide you with a safe treatment by using sterilized equipment in a sanitized environment and following all proper protocols required by Health Canada. Should clients follow the pre and post care instructions, there should be minimal risks or complications. Anybody with a compromised immune system should not be getting the procedure done unless a physician's note can be provided. Redness, sensitivity, swelling and scabbing are all normal reactions throughout the healing process. Although allergic reactions to the pigments are rare, it could be possible for certain individuals. We suggest a pigment patch test (5-7 days prior) for individuals who have high skin sensitivities or are sensitive to:

- Topical makeup products
- Gold, silver and/or nickel
- Hair dyes
- If you have had negative reactions to tattoos in the past

***I fully understand and accept the above information provided on what the possible risks and complications could be. I acknowledge that allergic reactions are rare but not impossible. (initial) \_\_\_\_\_***

***I understand that withholding information or providing misinformation may result in a less desired end result and could increase my chances of allergic reaction, rejection of the pigment and overall poor healing. I have been given all of the information and tools I need to fully understand my responsibility as an individual receiving cosmetic tattoo procedure(s).***

Signature: \_\_\_\_\_

Date: \_\_\_\_\_

## Pre-Appointment Recommendations



To ensure your skin is in the best possible condition for the procedure we ask you to follow these recommendations (take a picture with your phone for at-home use):

- Avoid alcohol, caffeine, aspirin/ibuprofen, and any vitamins that may thin your blood (vitamin E, Omega, etc.) for 24 hours prior to your appointment unless medically necessary to reduce heavy bleeding and/or bruising during the procedure
- Avoid tanning and sun exposure without sunscreen for 3 days
- Avoid doing face scrubs or chemical peels (on the treatment area) 1 week prior
- Avoid working out the day of the procedure as body heat will expand the pores
- Please wash your hair before the appointment to avoid getting your treatment area wet for the first 48 hours after your procedure

*\*We suggest coming in with your brow makeup on so your technician can see your everyday preferred look or you can bring reference pictures of what you like in terms of shape/colour (this can also apply to eye and lip procedures).*

***\*\*Don't forget to take plenty of before and after pictures. We would love to be part of your gorgeous selfies; tag us on Facebook and Instagram ♥***

**\*\*\*IF YOU DO NOT WANT US TO USE YOUR PICTURES FOR PUBLIC VIEWING / MARKETING PURPOSES PLEASE LET YOUR TECHNICIAN KNOW SO WE CAN LEAVE A NOTE IN YOUR CONSENT AGREEMENT**

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